



AUGUST 2022



# A TOPIC OF CONVERSATION

GETTING THE MOST OUT OF YOUR FINANCIAL WELLBEING BENEFIT



## A visual introduction of what is on offer to you

Let's face it. Your money plays a huge part in how you live your life, and how you feel. That's why it is crucial to have a full understanding of your financial situation, and have at your fingertips a personal financial plan that you can follow into the future with both clarity and confidence.

This is where Lifetime's financial wellbeing service comes in! Have you seen our launch video yet? If not then our revamped version is now available to watch, and provides a visual introduction to what is on offer to you.

This service is being provided as a benefit by your employer. It gives you access to:

- an employee hub which contains a variety of videos, webinars, articles and educational tools that are uniquely designed to help you with any financial concerns you might have
- a Lifetime coach who will create a financial planning video that will enable you to fully understand your financial situation, and show all your options for now and in the future



## Did you know?

**For a direct consumer the price for this service is £149, but your employer is kindly covering the cost for this worthwhile benefit, so you get it free of charge!**

Please have a look around the hub, taking in the subjects that interest or concern you. A lot of your focus may well centre on the cost of living crisis, which is currently causing concern and worry for millions of like-minded people.

Do you know, with certainty and clarity, the areas where you could perhaps save money, so that it can be utilised elsewhere? Over the next couple of months, we will address a number of key cost of living issues, such as:

- **Could you cut (or cap) your mortgage costs?**
- **Could you reduce your loan and credit card interest charges?**
- **Could you cut your grocery bills?**
- **Could you cut your mobile and internet service costs?**
- **Could you cut your insurance payments?**
- **Could you reduce your energy costs?**

You can also have a look at who Lifetime are, and what we stand for.

We know times are tough. Our financial wellbeing service is here to try and alleviate the stress and worry that often occurs when trying to get to grips with your finances. There has never been a more important time to fully understand what your money can and can't do for you.

Whatever stage of your career you are at, this free service can address any pressing financial questions you might have, and help you acquire the skills and knowledge to manage your money, both on a daily basis and for the future.

When it comes to filling in the information needed to create your financial plan please be aware it will take you around 20 minutes. It is worthwhile being fully prepared with as many of your financial documents at your fingertips as possible. If you are unsure of anything then you can have a chat with a Lifetime coach before you begin.

Kind regards,

**Your Lifetime Team**



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**Lifetime**

Workplace Financial Wellbeing Champion  
of the Year (UK): Lifetime